

# Silverdale

## Gluten Free Menu



### Starters & Sharers (Served 12pm-9pm)

- 10" garlic bread**, with mozzarella **V** 8.00
- Nachos**, with nacho sauce, cheddar, mozzarella jalapeños, served with salsa, sour cream and guacamole **V** 10.00
- Loaded fries**: Cajun fries with red onions, peppers, nacho sauce, cheddar, mozzarella, topped with bbq sauce and mayonnaise **V** 11.00  
Add crispy bacon for 1.75

### Side Orders (Served 12pm-9pm)

- |                                 |                              |
|---------------------------------|------------------------------|
| <b>Chips/Fries</b> 4.25         | <b>Side salad</b> 3.00       |
| <b>Jacket potato</b> 3.00       | <b>Baked beans</b> 1.10      |
| <b>Seasonal vegetables</b> 2.50 | <b>Bread (2 slices)</b> 1.50 |
| <b>Garden/Mushy peas</b> 1.20   |                              |

### Mains (Served 12pm-9pm)

- 10oz gammon steak**, served with chips or mashed potatoes, fresh pineapple wedge, a fried egg and seasonal vegetables 17.50
- Teriyaki chicken**, tender chicken skewers with basmati rice, sautéed onions and peppers 15.00
- Jamaican lightly spiced coconut lentil curry**, with basmati rice and gluten free roll **V** 15.00
- Mediterranean veg and feta salad**, served with a gluten free roll **V** 12.00
- Prawn salad**, prawns placed on a dressed house salad drizzled with sour cream and a lemon wedge 13.00

## Supporting Local

Here are some of the local suppliers we support at Holgate's Bay View:

- |                                  |                                         |
|----------------------------------|-----------------------------------------|
| Burrow's Butchers,<br>Silverdale | Pennington's, Kendal                    |
| Stephenson's Dairy,<br>Morecambe | English Lakes Ice Cream                 |
| Caterite, Lake District          | Greenwoods Fish<br>Merchants, Morecambe |
|                                  | McClure's, Windermere                   |

## Live Entertainment

Join us for seasonal live entertainment at Silverdale!

Scan the QR code to see our upcoming events.



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## Gluten Free Menu



### Breakfast (Served 9am-11:45am)

**Holgates big breakfast**, two 'Burrow's of Silverdale' pork sausages, two rashers of bacon, fried egg, grilled tomato, flat mushroom, hash brown, beans and a slice of gluten free toast, served with apple or orange juice and tea or coffee 13.50

**Breakfast**, two 'Burrow's of Silverdale' pork sausages, two rashers of bacon, fried egg, hash brown, beans and a slice of gluten free toast 12.00

**Eggs on toast**, a choice of poached, fried or scrambled eggs on gluten free toast 6.00

**Beans on toast V** 3.50

**Beans on toast with cheese V** 5.25

### Children's Menu (Served 12pm-9pm)

**Pork sausages**, gluten free pork sausage with either; fries or mash, peas or beans 7.50

**Chicken dippers**, gluten free chicken dippers with either; fries or mash, peas or beans 7.50

**Ham, fried egg and fries** 7.50

The above come with a drink, choose from; (fizzy drink, cordial, milk, orange/apple juice, milkshake +50p or Fruit Shoot +50p)

**Crudités**, batons of carrot, cucumber, peppers and cherry tomatoes served with a mayonnaise dip V 2.50

**Beans on toast**, served on gluten free toast V 3.50

**Beans on toast with cheese**, served on gluten free toast V 5.25

V - Vegetarian

Please ask us if you need any further information.

### Jacket Potatoes (Served 12-5pm)

Served with a salad and homemade coleslaw

**Cheddar cheese V** 8.00

**Cheddar cheese and red onion V** 8.50

**Cheddar cheese, bacon** 10.00

**Cheddar cheese, bacon and red onion** 11.00

**Beans V** 8.00

**Beans and cheese V** 9.75

**Beans, cheese and bacon** 11.50

**Greenland prawns and mayonnaise** 10.00

**Tuna mayonnaise** 9.50

**Tuna mayonnaise and red onion** 9.75

Add cheese 1.75

### Pizzas (Served 5-9pm)

10" hand rolled pizza with your choice of topping

**Margherita**, tomato sauce and mozzarella V 9.00

**Veggie supreme**, tomato sauce, mozzarella, mushrooms, red onions, peppers, jalapeños and pineapple V 13.00

**Americano**, tomato sauce, mozzarella and double pepperoni 12.00

**Hawaiian**, tomato sauce, mozzarella, ham and pineapple 12.00

**BBQ meat feast**, tomato sauce, mozzarella, pepperoni, ham, bacon, salami and BBQ sauce 16.00

#### Extra pizza toppings

Pepperoni, Bacon, Mozzarella, Ham, Salami 1.75

Mushrooms, Onions, Peppers, Pineapple, Jalapeños 1.10